

Love – Hate Poem

This is a difficult poem that requires the poet to look at experiences through the lenses of love and hate.

Benefits of Love – Hate Poem

- Requires multiple readings of a story
- Encourages analysis of experiences and self-awareness
- Applies events in the story to self

Types of Stories for Love – Hate Poem

- Look for stories that have a range of powerful emotions
- Possible stories:
 - The Woman at the Well (Story # 184 / John 4:1-42)
 - Raising Lazarus (Story # 211 / John 11)
 - Triumphal Entry / Cleansing the Temple (Story # 213 / Mark 11:1-19)

Directions for Love – Hate Poem

1. The couplets move back and forth between love and hate.
2. The last word of the first couplet becomes the opening of the next couplet.
3. The poem moves full circle so that the closing couplet mirrors the opening couplet.

Sample Love – Hate Poem

The Storm

Based on Story # 194 / Luke 8: 22-39

What I love about storms

Is the power of the crashing waves.

What I hate about waves

Is the fear in me as they swamped the boat.

What I love about the boat

Is seeing my Lord and Savior sleeping.

What I hate about my Savior sleeping

Is that I feared He would not save me from death.

What I love about death

Is that it has no victory over me.

What I hate about me

Is that moment when I gave in to doubt.

What I love about doubt

Is that it is the beginning of my wisdom.

What I hate about wisdom

Is that the path to it is filled with storms and turmoil.

What I love about turmoil

Is the strength and confidence I gain battling those storms.

What I hate about storms

Is the crashing power of the waves.